



This document shows the progression of knowledge (Know), skills (Show) and the development of a child's characteristics (Grow) each week throughout the unit.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Know	<p>How to signal for a pass (Year 5)</p> <p>That I need to move to new space after passing (Year 6)</p>	<p>How to disguise my passes (Year 5)</p> <p>That when I get sideways-on to receive a ball it opens up the court (Year 6)</p>	<p>What the terms 'landing foot', 'pivot' and 'stepping' mean (Year 5)</p> <p>The rules around shooting (Year 6)</p>	<p>Some attacking principles (Year 5)</p> <p>To communicate non verbally on court (Year 6)</p>	<p>What the different roles are within Bee Stinger netball (Year 5)</p> <p>Where I am allowed on court when playing specific positions (Year 6)</p>	<p>To display the School Games values (Year 5)</p> <p>What infringements look like and how to restart games after them (Year 6)</p>
Show	<p>Send a netball in a variety of ways (Year 5)</p> <p>Receive a ball and already know what I want to do with it (Year 6)</p>	<p>Pass accurately and using a variety of passes (Year 5)</p> <p>Anticipate the play and release the ball quickly and efficiently (Year 6)</p>	<p>Land and pivot to pass the ball (Year 5)</p> <p>Shoot with good technique (Year 6)</p>	<p>Shoulder pass accurately and with force (Year 5)</p> <p>Create space for myself (Year 6)</p>	<p>Position myself to take rebounds from missed shots (Year 5)</p> <p>Participate purposefully in a netball match (Year 6)</p>	<p>Apply some tactics we have decided on as a team (Year 5)</p> <p>Play by the rules (Year 6)</p>
Grow	<p>Develop teamwork skills whilst working with others.</p>	<p>Explore honesty and its importance within PE and beyond.</p>	<p>Explore inclusion and what it looks like in PE and beyond.</p>	<p>Develop teamwork skills whilst working with others.</p>	<p>Explore honesty and its importance within PE and beyond.</p>	<p>Explore inclusion and what it looks like in PE and beyond.</p>